



TRIPLE P ONLINE

Help your child to manage challenges

**FREE IN
OHIO**

Support your child's emotional wellbeing, and yours too

We all face challenges sometimes. But there are positive ways to handle them! Positive parenting skills and strategies make a big difference to your child's development and wellbeing. And that can have a far-reaching impact on their life, and yours.

Why Triple P works

The Triple P – Positive Parenting Program is one of the world's best. Backed by more than 330 trials and studies, Triple P gives you proven parenting strategies that will help you develop your child's talents and life-skills—so they can be happy, confident, and successful. In the meantime, your home life will be happier, with rules followed, relationships stronger, and parents who are much less stressed.

Now, there's Triple P Online, so you can set your own parenting goals, learning step-by-step whenever you like. It'll help you:

- Build a stronger bond with your child
- Support your child's life skills
- Encourage positive behavior and cooperation
- Use consistent strategies to manage bedtime and screen time battles
- Respond to problem behavior effectively, without yelling
- Take care of yourself and enjoy being a parent

START TODAY – IT'S COMPLETELY FREE!!

Right now, this world-class program is available FREE in Ohio, and you can do it all online!

Register now: triplep-parenting.com/ohio

Free access to Triple P Online for Ohio parents has been funded by the Ohio Children's Trust Fund, and Department of Job and Family Services.



Department of
Job and Family Services



Ohio Children's Trust Fund
Ohio's Prevent Child Abuse America Chapter

